



BENIN SEPTEMBER 2023

TABLE OF CONTENTS

Content

Introduction	1
H2G (Homeopaths without Borders)	1
Benin	1
Background of the project	1
Goals of the project	2
Financials	3
Summary and next steps	3
Summary of the Benin project	3
Next steps	3
Contact information.....	4

Introduction

HzG (Homeopaths without Borders)

Homeopaten zonder Grenzen (HzG), Homeopaths without Borders the Netherlands

HzG was founded in 1991 and has since then run multiple projects in Africa, South America, Eastern Europe, India and Central Asia. The mission of HzG is to improve the general health of people by improving the access to healthcare and by educating residents and basic healthcare workers. HzG is convinced of the important role homeopathy can play in this process; gladly in combination with other disciplines. HzG is a non-profit organization and is fully operating on a voluntary basis.

Benin

The Republic of Benin is a country in Western Africa with approximately 12.8 million residents (2020). According to the United Nations, 39.0% of the population in Benin lives below the poverty line. Life expectancy in Benin is around 60-61 years and unfortunately Benin is in the top 15 countries with the highest rate of infant mortality. With this new project, HZG wants to contribute to improving the health of the population in Boukombé (Northwest Benin).

Background of the project

From 2005 tot 2015 HzG was already active in Benin. During this period several students were trained in Homeopathic Healthcare. One of the best students was Mr. Basile Otonti who has been actively treating patients since then and even after the HzG project was closed in 2015. With the support of HzG Mr. Basile will set up a homeopathic clinic in 2023. This clinic will enlarge Mr. Basile's area of treatment and improve the access to healthcare of the people living around Boukombé.

Goals of the project

Main goal:

The main goal of this project is to improve healthcare in Boukombé (Benin) by establishing a homeopathic clinic. In this clinic patients will be treated, and local health workers will be trained in homeopathic healthcare.

In the first year the project will be monitored from a distance and no missions are planned to Benin. To make sure HzG will be able to monitor the project, measurable project conditions (table 1) are formulated. Once every quarter there will be an online project monitoring meeting between the project guide Ms. Christine Zuercher and Basile Otonti. The outcome of this will be reported to HzG board member Fred Elbers who will share the project development with the HzG board.

1. Number of patients treated.
<ol style="list-style-type: none"> a. Number of patients treated on a monthly and yearly basis, TARGET vs. ACHIEVED b. Per patient there will be a patient file containing the following items: <ul style="list-style-type: none"> • Initials patient name • Date of birth • Main complaint • Full case taking • Repertorizing the case • Prescription • Follow up consultation
2. Teaching classes by Basile for the community health workers
<ol style="list-style-type: none"> a. Number of teaching classes given TARGET vs. ACHIEVED b. Description of the topics that will be taught during the classes (e.g. remedies, illnesses etc) c. Number of people attending the classes
3. Costs
<ol style="list-style-type: none"> a. Planned costs on a monthly and yearly basis TARGET vs. ACHIEVED
4. Earnings/income
<ol style="list-style-type: none"> a. Income of the clinic TARGET vs. ACHIEVED
5. Photo's
<ol style="list-style-type: none"> a. On a quarterly base photo's will be shared with HzG that we can use to inform our supporters/funds. These photos will contain cases/ patients/ workers/ development of the clinic building etc.

Table 1

BENIN PROJECT SEPTEMBER 2023

Financials

In September 2023 the Benin project will start. HzG committed to support the project for initially one year. If the project conditions are met the project will be extended. The costs for the Benin project are budgeted as follows:

Period	Step	Costs	Euro
2023 September	1	Project costs clinic Benin	750,-
		Transfer costs western union	50,-
Total costs 2023			750,-
2024 January	2	Project costs clinic Benin	750,-
2024 April	3	Project costs clinic Benin	750,-
2024 Juli	4	Project costs clinic Benin	750,-
2024 October	5	Project costs clinic Benin (in case of extension)	750,-
		Transfer costs western union	200,-
		Costs unforeseen	200,-
Total costs 2024			4.200,-

Funding of the first year of project is done by a €1.000 donation of Christine Zuercher/ Serena Zilliacus and a donation of €1.000 by Barteline Swilders. HzG will contribute the remaining €2.200.

Summary and next steps

Summary of the Benin project

The main goal of the Benin project is to improve healthcare for the people of and around Boukombé. This goal will be reached by establishing a local homeopathic clinic. As the project is completely executed by local people it will also enlarge employment opportunities and on the long term empower the position of the women and men that are part of the project.

Next steps

On a quarterly base the project will be monitored and after one year the project will be evaluated and possible be extended.

BENIN PROJECT SEPTEMBER 2023

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